**Positive Discipline**

Nelson, Jane & Lott, Lynn. (1993). The Positive Discipline in the Classroom. The Positive Discipline in the Classroom focuses on developing a classroom community that fosters responsibility, mutual respect and cooperation. Students need structure to see that they are capable, significant and able to control their own lives. The discipline is based on the belief that all students can learn to behave with dignity, self-control and concern for others.

**Contributions to the Field of Education**
This discipline focuses on being positive and providing students the tools to be responsible for creating a classroom climate that fosters responsibility, respect and cooperation. This discipline believes all students can be productive with a positive feedback.

|  |  |
| --- | --- |
| **Advantages** | **Disadvantages** |
| * Students and educators take responsibility for problems
* Learn how to appreciate, communicate and solve problems through class meeting discussions
 | * Must teach the format and processes for a Class Meetings
* Class Meetings take time
 |

**POSITIVE DISCIPLINE APPROACH EXAMPLES
Relationship Builders not Barriers**1. Assuming verses Checking
2. Rescuing/Explaining verses Exploring
3. Directing verses Inviting/Encouraging
4. Expecting verses Celebrating
5. Adult-isms verses Respecting
 **8 Building Blocks for Classroom Meetings**
1. Form a Circle
2. Practice Giving Compliments
3. Create an Agenda
4. Develop Communication Skills
5. Learn about Separate Realities
6. Recognize the Reasons People Do What the Do
7. Practice Role-Playing & Brainstorming
8. Focus on Nonpunitive Solutions

**Format for Class Meetings**
1. Express compliments and appreciation
2. Follow up on earlier solutions applied to problems
3. Go through agenda items
4. Make future plans for class activities
 **Online Resources**

[www.positivediscipline.com](http://www.positivediscipline.com)

[www.empoweringpeople.com](http://www.empoweringpeople.com)